

## Royal Borough of Greenwich Social Care Children's Occupational Therapy (OT) Service



## An Occupational Therapist can help if:

 You are aged 0-18 and have a permanent disability and you have difficulty completing day to day tasks



## An Occupational Therapist is:

A person who works with you and your family to help you be as independent as possible in your home and community



The occupational therapist will visit you at home and will ask questions about how you move around and look at what can be changed to help make it easier.



The Occupational therapist will want to know what support you need to complete everyday things like eating, bathing and using the toilet.



They will make recommendations about what changes can be made at home and what equipment may help you and those looking after you.



They provide the specialist equipment you need at home



Call:

020 8921 2982



Email:

Child-Occupational-Therapy@royalgreenwich.gov.uk