This is how I feel now

when there was fighting at home

This is how I felt
Who is in my family/home now?

Are things better or worse now?

Why?
Draw something Violent, Aggressive, Abusive, Hostile you saw recently

Where was it?
When was it?
Who was involved?

How did it make you feel?
Here and there

How is life right now?
  school?  friends?  family?  home?

How would you like your life to be?
  school?  friends?  family?  home?
Principle two: each child is unique and special

It's All About Me

I'm good at...

I feel happiest when....

I like myself most when I...

I'm proud of myself when....

Other kids might look up to me when....

Something I can do that lots of others can't...

Three nice things people say about me
Principle two: each child is unique and special

I'm a star

Draw a picture of yourself

The thing I like doing most is...

The thing that's most special to me is...

What I want most right now is...

My favourite song is...

When I'm feeling sad I talk to...

To feel safe I need...

One thing I can do that lots of people can't is...

I want adults to know that I don't like...
Things That Make Me Feel Safe

Feelings

Things people can do

Animals

Other people

Things I know

Places

People in my family

Principle one: Children and young people's safety and wellbeing are of primary importance.
Principle six: who else matters?

People in my life

Family that lives with me?
Family that doesn't live with me?
Friends of the family? Teachers? Counsellors?
Friends? Class mates?
Anyone else?
Principle six: who else matters?

People in our lives

Who do you receive help from?

What might keep the family from staying connected with these supports?

What might the service do to help them maintain/reconnect with these supports?

How might these supports be used to meet other challenges in the long run?

Principle two: each child is unique and special

**Right Now**

- I'm Feeling
- Something I'm glad or happy about
- Something that is making me scared
- Something that is making me feel better
- Something I'd like to have happen for me
- Something I'd like to see happen for my family
- Something I'd like to know
- Something else I'd like to happen

**Soon**

- I'm Feeling
- Something I'm glad or happy about
- Something that is making me scared
- Something that is making me feel better
- Something I'd like to have happen for me
- Something I'd like to see happen for my family
- Something I'd like to know
- Something else I'd like to happen

What I'd Like
Principle five: keep me in the loop

What I want

If I can't talk to my mum or dad I'm most likely to talk to...

If an adult wants to talk to me they should...

I don't want to talk about...

Something that I'd like to talk about is...

A place I like to be is...