

00 Month 2025

NHS Number:

Dear Parent or Carer of.....

Integrated Health, Learning & Development Review at 2

Helping to build happy healthy toddlers who start school ready to learn

23 – 30 Month Health and Developmental Review Appointment

We are pleased to offer you an appointment to see a member of the Health Visiting team

On:

At:

At:

As a parent/carer, you know your child best. This is your opportunity to come together with your Health and Early Years practitioners to share your child's progress, strengths and needs.

This is first part of your child's Integrated Review **Part One** and is led by the Health Visiting team. **Part Two** will be completed by your child's Nursery, Childminder, or the Children's Centre if your child is not in an Early Years' setting. Please inform them of the date of this part of the review. This will give your setting an opportunity to carry out Part Two (the Progress Check) at a similar time and so support your child's progress in a more joined up way.

If you and your setting have done Part Two already, please bring your copy with you – pop it into your child's Red Book to help you remember or ask your Early Years setting to send to your health visitor (they will know how).

Enclosed with this letter are the 'Ages and Stages' questionnaires that are used by Health.

Please try out the activities with your child and fill out the form before your appointment.

Your child may be able to do some but not all the activities listed in the first part of the questionnaire. **Please read each question and decide**

- **Yes** if your child is able to do the activities.
- **Sometimes** if your child is doing the activities but not all the time.
- **Not yet** if your child is not able to do the activities just yet.



INTEGRATED HEALTH, LEARNING AND DEVELOPMENT REVIEW AT 2

**Bromley
Healthcare**
better together


ROYAL borough of
GREENWICH

It is important that you complete the questionnaires with your child before your appointment and that you have the questionnaires and Red Book with you on the day.

The aim of this review is to assess your child's emotional, social and physical development and the member of the health visiting team will have a conversation with you to assess your child's language skills. Your child's height and weight will be measured at the appointment. The outcome of this part of the development review including any further referrals or follow up will be discussed and agreed with you at the appointment including sharing the care plan with your child's nursery, preschool or childminder with your consent.

If you require any help completing this questionnaire or you have any queries about your appointment please call us via our Care Coordination Centre on 0300 330 5777 or email us at bromh.greenwich0to4@nhs.net.

Visit our website www.greenwich0to4.co.uk which was designed by Bromley Healthcare professionals, service users and families, to provide you with information about you and your family's health and wellbeing and how to access our services.

There is a Health Visitor on duty on weekdays (excluding bank holidays) between 9am and 5pm that you can contact if you have any questions about you or your child's health and development. The duty Health Visitor can be contacted via the Care Coordination Centre on 0300 330 5777 or by emailing us at bromh.greenwich0to4@nhs.net. Please note that if your query is urgent due to you or your child being very unwell please call NHS 111 which is available 24 hours a day, 7 days per week.

To find out about Healthy Start benefits search online for www.healthystart.nhs.uk.

We look forward to seeing you at the clinic or the Children's Centre. Please refer to the appointment information overleaf.

Yours sincerely,

Greenwich 0 to 4 - Health Visiting Administration Team
Care Coordination Centre (CCC)