## Active Families FREE Family Fun Sports and Games

Come and join in with our free family fun sports and games sessions.

- All sessions run from 19 April to 31 August
- Suitable for all members of the family over the age of five
- Parent/guardian required to join in
- No experience needed and all equipment is provided
- Please bring a drink and wear comfortable clothing and footwear
- Just turn up, join in, have fun, be active!

Opportunity to win sports equipment and other prizes



Time	Location	
Every Monday		
4:45pm to 6:45pm	*The Plumstead Centre, 232 Plumstead High Street, SE18 IJL *Plumstead Gardens, Church Manorway, Abbey Wood SE2	
5:30pm to 6:30pm	East Greenwich Pleasaunce, Chevening Road, SE10	
Every Tuesday		
5pm to 6:30pm	Abbey Wood Park, Finchdale Road, SE2 (LTA SERVES	
Every Wednesday		
4pm to 5pm	Glyndon Multi-use games area, Villas Road SE18	
4pm to 5pm	Briset Road Park Multi-use games area, Briset Road, Eltham SE9	
5pm to 6pm	Plumstead Common, Plumstead Common Road, SE18	
5:30pm to 6:30pm	Sutcliffe Park, Eltham Road, SE9	
<b>Every Thursday</b>		
4.30pm to 5.30pm	Avery Hill Park (Nr. Café) Eltham SE9	
5pm to 6:30pm	Plumstead Gardens, Church Manorway, Abbey Wood SE2 SERVES	
5pm to 6:30pm	Abbey Wood Park, Finchdale Road, SE2	
Every Friday		
3.45pm to 4.45pm	Horn Park Multi-use games area, Alnwick Road, Eltham, SE12 9BT	
5pm to 6:30pm	Waterfront Leisure Centre, Woolwich High Street, SE18 3TN	
5pm to 6:30pm	Birchmere Park, Southwood Road, Thamesmead, SE28	
Every Saturday		
10:30am to 11:30am	Barnfield Estate Multi-use games area, Barnfield Road, SE18 3T	1500 State
• LTA SERVES these sessions for Tennis & fun and games  Join the GGA		



• \* Session will move from Plumstead Centre to Plumstead Gardens on 6 June

For more information please email **greenwich.getactive@royalgreenwich.gov.uk** or visit Greenwich Get Active at **greenwichgetactive.com** 











Street Tag leaderboard

competition to

win prizes