



Do you need help because you are self isolating or vulnerable and

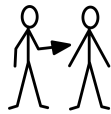
need someone to :



•collect and deliver your prescription



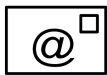
•deliver essential food packages



•connect you to local community services



call **0800 470 4831** seven days a week 8:30-6:00pm



email [covid19support@royalgreenwich.gov.uk](mailto:covid19support@royalgreenwich.gov.uk)



please follow advice at all times given by Public Health England

