

SC3: TANNING/ UV LIGHT TREATMENTS

DEFINITIONS

Ultra Violet Light

Defined as 3 different wavelengths of ultraviolet radiation. UVA, UVB and UVC. UVC waves should not be present in sun tanning equipment.

Sun Tanning Equipment

The use of ultraviolet light emitted from tubes to reproduce the effect of ultraviolet radiation from the sun on the skin to tan the skin. Includes sun beds and upright tanning booths, face and leg tanning equipment.

Tanning accelerants or amplifiers

Defined as any cream, lotion or other substance that increases or purports to increase the amount of UV light absorbed by the production of melanin within the skin.

Remote Facilities

All facilities shall be considered to be remotely operated where the therapist is out of audible range of the treatment room and the client would be unable to summon help.

TERMS AND CONDITIONS

1. TANNING OPERATORS

At least one person must be available onsite at all times who, as a minimum, has specific training on the type of tanning equipment used at the premises or is a member of the Sun Bed Association and has receipt of their training package. Such person(s) must be available to carry out initial client consultations.

2. AGE RESTRICTIONS

Anyone under the age of 18 is prohibited from using tanning equipment.

3. CLIENT CONSULTATION

A consultation must be completed prior to first use of tanning equipment by all clients. This must include; client identifier (such as name), evidence of age (date of birth), relevant medical history and any medications (prescription and non-prescription) client is taking, and any contra-indications identified. The consultation must include client skin assessment. Clients whose skin is prone to UV damage (Skin Type I) should not be permitted to use tanning equipment.

Records of the initial consultation and every client sunbed session including length of session must be kept for 3 years.

The HSE recommend a maximum of 20 ultraviolet tanning sessions per year, clients shall be advised when they have reached this number and made aware of this recommendation. If the client still wishes to continue with further exposure, then their written consent shall be recorded on their client record.

4. RECORD KEEPING

A record or register must be kept of the hours of use of each machine. This can be digitally recorded by each unit. The licence holder must know how to access this information.

The Licence holder must obtain and retain all records/invoices showing any maintenance of units and details of when tubes are replaced.

Records may be stored on paper or electronically.

Records must be made available upon request from an Authorised Officer of the Council, such records must be produced within 3 days of any such request.

5. INFECTION CONTROL

(a) All sunbed surfaces that the client contacts must be disinfected after each use in accordance with manufacturer's instructions and with cleaning materials that are fit for purpose i.e., developed specifically for cleaning sun beds.

(b) All goggles must be disinfected between clients or single use disposable goggles must be provided.

6. OPERATIONAL PROCEDURES

(a) The licence holder must ensure compliance with the Sunbeds (Regulations) Act 2010.

(b) Adequate Ventilation must be provided to treatment rooms and cubicles.

(c) Private shower, sink facilities or suitable wet wipes must be available to allow the client to remove any skin creams and make-up. The operator must advise the client on the importance of removing creams and make up.

(d) An automatic timer must be fitted to the equipment so that the user is unable to increase the time spent using the tanning equipment.

(e) An emergency device must be fitted within easy reach of a person using the equipment. This device will switch off the Ultraviolet lamps and audibly summon assistance.

(f) Suitable goggles or equivalent for the protection of the eyes of users of the equipment must be provided and used.

(g) Fans must be adequately guarded.

(h) The Health and Safety Executive 'UV Tanning Equipment' notice providing clear and accurate information on the health risks from exposure to Ultraviolet light must be clearly displayed near each sunbed (<https://www.hse.gov.uk/pubns/misc869.pdf>).

7. TUBES AND TUBE REPLACEMENT

(a) The maximum permissible output for all UV tubes is 0.3w/m². Further information is available at https://www.sunbedassociation.org.uk/UV_Tanning/3.aspx

(b) Tubes must be replaced at intervals recommended by the manufacturer, together with the Ultraviolet transmitting plastic sheet if fitted.

(c) Replacement tubes shall be compatible with those supplied by the manufacturer.

(d) All tubes in a bed or cabinet must be replaced at the same time.

(e) Tanning times must be suitably adjusted when new tubes have been installed.

8. TANNING ACCELERATORS

Licence holders must hold product information for any tanning accelerators they sell.
Tanning accelerators must comply with the Cosmetic Products (Safety) Regulations 1996

9. TANNING INJECTIONS

The sale/supply of tanning injections is prohibited.

10. AFTERCARE ADVICE

Appropriate aftercare advice must be provided following each treatment. This must include information on actions to take if any adverse conditions occur. Where possible this should be given in written form for the client to take away.